Asthma Resource List

Understanding Asthma
http://www.allergyasthmanetwork.org/outreach/publications/special-publications/understanding-asthma/

Asthma Symptoms & Diagnosis
http://www.allergyasthmanetwork.org/education/asthma/symptoms-and-diagnosis/

Asthma Action Plan
http://www.allergyasthmanetwork.org/education/asthma/treatment-and-medications/what-asthma-action-plan/

Videos: How to Use your Inhaler
https://www.youtube.com/playlist?list=PLC39F35D440D0F155&feature=view_all

Holding Chambers/Spacers
http://www.allergyasthmanetwork.org/education/asthma/management-tools/holding-chambers-spacers/

Respiratory Treatments Poster
https://members.allergyasthmanetwork.org/store/ViewProduct.aspx?id=9982674

Asthma Management Tools
http://www.allergyasthmanetwork.org/education/asthma/management-tools/

Asthma and Exercise
http://www.allergyasthmanetwork.org/education/asthma/asthma-and-exercise/

Asthma Storylines App
http://www.allergyasthmanetwork.org/outreach/patient-resources/asthma-storylines/